



T.A.G.B.  
**TAE KWON-DO**  
ESTABLISHED 1983



T.A.G.B. COMPETITION SERIES

**WELSH CHAMPIONSHIPS 2013**

Sunday 19<sup>th</sup> May

**INFORMATION PACK**



## Information Pack Contents

<b>Page</b>	<b>Description</b>
3	Closing Date
4	Competition Entry Details
4	Instructors Information
4	Officials
4	Entry Fees
5	Pattern Divisions
6	Junior Sparring Divisions
6	Cadet Sparring Divisions
7	Adult Sparring Divisions
8	Executive Sparring Divisions
8	Destruction
9	TAG Team
10	Student Guide To Entering TAGB Competitions

# WELSH CHAMPIONSHIPS 2013

University of Wales Institute Cardiff  
Cyncoed Road,  
Cardiff,  
CF23 6XD



Sunday 19<sup>th</sup> May 2013

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You are invited to attend the above event.

**ALL Competitors to arrive by 9.30 A.M.**

There are now divisions for everyone:

**JUNIORS**

Up to & including 14 years old.

**CADETS**

15 years up to & including 17 years old.

**ADULTS**

18 years & over

**EXECUTIVE MALE**

40 years & over (All belts) **(sparring only no patterns)**

**EXECUTIVE FEMALE**

35 years & over (All belts) **(sparring only no patterns)**

**\*\*NEW BLACK BELT PATTERNS DIVISIONS.**

Please use the **NEW** entry form at the back of this information pack.

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**Closing Date:**

All applications forms must be completed and handed into your instructor by:

**WEDNESDAY 1ST MAY 2013**

## **INSTRUCTORS INFORMATION:**

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, this is usually the children. Also please check that the forms are filled in correctly. This causes a lot of the problems.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area. Failure to adhere to these rules could result in them being asked to leave the tournament venue.

## **OFFICIALS.**

Officials must be Black Belts who have attended at least part 1 of the TAGB umpires course.

Officials must wear the official t-shirt with smart grey or black trousers and sports shoes.

**NOT SHIRT & TAGB TIE.** Officials t-shirts can be obtained from Mr. Donnelly, before the event.

All officials **MUST** register **BEFORE THE TOURNAMENT** by entering their name and qualification on the officials form at the rear of this pack.

This form **MUST** then be submitted to the TAGB along with your competition entries.

Failure to pre-register will mean that no meal has been provided for you.

All officials **MUST** bring their **BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.**

**\*\* YOU MUST ARRIVE BY 9.30 A.M. OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER**

## **COMPETITORS**

All competitors may only wear standard white TAGB doboks, the most recent national doboks or TAGB Tiger Dobok. (No club doboks)

All junior competitors will receive a participation certificate at this event.

All sparring competitors may wear forearm protectors in addition to their regulation TAGB sparring equipment.

## **ENTRY FEE'S**

Competitor £12.00 per event (i.e. 3 events £36.00)

Spectator £8.00

Tag Team: £15.00 per 3 person team. To be paid & entered on the day.

**NO CAMERAS OR VIDEO CAMERAS PERMITTED ANYWHERE ON THE COMPETITION AREA.**

Yours in Tae Kwon-Do

***TAGB Council***

## PATTERN DIVISIONS

### Juniors

All junior pattern divisions are as follows.

Yellow	(9 <sup>th</sup> Kup to 7 <sup>th</sup> Kup)
Green	(6 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue	(4 <sup>th</sup> Kup to 3 <sup>rd</sup> Kup)
Red	(2 <sup>nd</sup> Kup to 1 <sup>st</sup> Kup)
Black	(All grades together)

**Boys & Girls in separate divisions**

### Cadets

Cadet pattern divisions are as follows.

Yellow & Green	(9 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue & Red	(4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)
Black	(All Dan Grades together)

**Male & female in separate divisions.**

### Adults

All adults pattern divisions are as follows.

Yellow	(9 <sup>th</sup> Kup to 7 <sup>th</sup> Kup)
Green	(6 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue	(4 <sup>th</sup> Kup to 3 <sup>rd</sup> Kup)
Red	(2 <sup>nd</sup> Kup to 1 <sup>st</sup> Kup)
Black (1 )	(1 <sup>ST</sup> Dan Only)
Black (2+3)	(2 <sup>nd</sup> & 3 <sup>rd</sup> Dan)
Black (4+)	(4 <sup>th</sup> Dan and above)

**Male & Female in separate divisions**

**THERE WILL BE NO SEPARATE EXECUTIVE PATTERN DIVISIONS**

<b>Patterns</b>						
All competitors can perform a pattern up to their grade from the list below.						
<b>BLACK (4+)</b>	<b>BLACK ( 2+3)</b>	<b>BLACK (1 )</b>	<b>RED</b>	<b>BLUE</b>	<b>GREEN</b>	<b>YELLOW</b>
<b>Tong Il</b> (4th Dan)	<b>Ko Dang</b> (2nd Dan)	<b>Choong Moo</b> (1 <sup>st</sup> Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
<b>Ul Ji</b> (4th Dan)	<b>Choong Jang</b> (2nd Dan)	<b>Kwang Gae</b> (1st Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
<b>Se Jong</b> (4th Dan)	<b>Eui Am</b> (2nd Dan)	<b>Ge Baek</b> (1st Dan)	Choong Moo	Toi Gye	Yul Gok	Do San
<b>Yon Ge</b> (5th Dan)	<b>Sam Il</b> (3rd Dan)	<b>Po Eun</b> (1st Dan)				
<b>Moon Moo</b> (5th Dan)	<b>Yoo Sin</b> (3rd Dan)					
<b>So San</b> (5th Dan)	<b>Choi Young</b> (3rd Dan)					

Medals awarded 1 x Gold 1 x Silver 1 x Bronze

# SPARRING DIVISIONS

<b>Junior Sparring Divisions (Boys &amp; Girls Separate Divisions)</b>				
<b>BLACK</b> Continuous	<b>RED</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
			<b>TINY TOTS</b> Up to & inc 122cm	<b>TINY TOTS</b> Up to & inc 122cm
<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm
<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm
<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm
<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm

All the above divisions 1 x 1.5 minute rounds. Medals awarded 1 x Gold 1 x Silver 2 x Bronze

<b>Cadet Female Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED &amp;</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 50kg	<b>LIGHTWEIGHT</b> Up to & inc 50kg		<b>LIGHTWEIGHT</b> Up to & inc 50kg	
<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg	<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg		<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg	
<b>HEAVYWEIGHT</b> Over 55kg	<b>HEAVYWEIGHT</b> Over 55kg		<b>HEAVYWEIGHT</b> Over 55kg	

All the above divisions 1 x 1.5 minute rounds. Medals awarded 1 x Gold 1 x Silver 2 x Bronze

<b>Cadet Male Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED &amp;</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg		<b>LIGHTWEIGHT</b> Up to & inc 55kg	
<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg		<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg	
<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg	<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg		<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg	
<b>HEAVYWEIGHT</b> Over 75kg	<b>HEAVYWEIGHT</b> Over 75kg		<b>HEAVYWEIGHT</b> Over 75kg	

All the above divisions 1 x 2 minute rounds. Medals awarded 1 x Gold 1xSilver 2xBronze

<b>Adult Female Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg
<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg
<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHTHEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg
<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Black Belt Final 2 x 2 minute rounds.

<b>Adult Male Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
<b>FLYWEIGHT</b> Up to & inc 58kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg
<b>LIGHTWEIGHT</b> Over 58kg up to & inc 64kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg
<b>WELTERWEIGHT</b> Over 64kg up to & inc 70kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg
<b>MIDDLEWEIGHT</b> Over 70kg up to & inc 76kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg
<b>LIGHT HEAVY</b> Over 76kg up to & inc 82kg				
<b>HEAVYWEIGHT</b> Over 82kg				

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Black Belt Final 2 x 2 minute rounds.

<b>Executive Female Sparring Divisions</b>				
<b>BLACK</b> Point Stop	<b>RED &amp;</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>Light:</b> Up to & inc 55kg	Light: Up to & inc 55kg		Light: Up to & inc 55kg	
<b>Middle:</b> Over 55kg up to & inc 62kg	Middle: Over 55kg up to & inc 62kg		Middle: Over 55kg up to & inc 62kg	
<b>Heavy :</b> Over 62kg	Heavy : Over 62kg		Heavy : Over 62kg	

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

<b>Executive Male Sparring Divisions</b>				
<b>BLACK</b> Point Stop	<b>RED &amp;</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>Light:</b> Up to & inc 70kg	Light: Up to & inc 70kg		Light: Up to & inc 70kg	
<b>Middle:</b> Over 70kg up to & inc 80kg	Middle: Over 70kg up to & inc 80kg		Middle: Over 70kg up to & inc 80kg	
<b>Heavy:</b> Over 80kg	Heavy: Over 80kg		Heavy: Over 80kg	

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

## DESTRUCTION (BLACK BELTS ONLY)

<b>Destruction (Black Belts Only)</b>			
<b>MALE HAND</b>	<b>MALE FOOT</b>	<b>FEMALE HAND</b>	<b>FEMALE FOOT</b>
Forefist Punch Or Knifehand Stike	Turning Kick Or Reverse Turning Kick	Any hand technique (Including elbow)	Any foot technique (Standing only)

Medals awarded 1 x Gold Foot destruction

1 x Gold Hand destruction



# RULES OF TAG TEAM SPARRING

## ALL TEAM EVENTS TO START AFTER THE INDIVIDUAL COMPETITION.

Teams will consist of a 3 person team; bouts will be for 4 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team members glove. All 3 members must fight at some stage during the bout. All team matches will be point stop.

The same 3 fighters must compete for the duration of event.

Teams who do not have 3 fighters will not be allowed to continue in the competition.

No substitutions due to injury or disqualification.

## TAG TEAM SPARRING DIVISIONS

### MALE:

3 person team.	White/Yellow/Green belts together.	No weights.
3 person team.	Blue/red belts together.	No weights
3 person team.	Black belts.	No weights.

### FEMALE:

3 person team.	White/Yellow/green belts together.	No weights.
3 person team.	Blue/red belts together.	No weights.
3 person team.	Black belts.	No weights.

### JUNIOR'S

3-person team.	White/Yellow/Green belts together.	Must all be from the same division.
3 person team:	Blue/Red belts together.	Must all be from the same division.
3 person team:	Black belts.	Must all be from the same division.

#### \* There will be four junior divisions

1. Pee wee.
2. Lightweight.
3. Middleweight.
4. Heavyweight.

\* Boys and Girls separate teams

\*\* There are no team events for Executive Male & Executive Female or Cadet Male & Cadet Female.

All junior teams are under 16 years old

All senior teams are 16years and over

# Students Guide To Entering TAGB Competitions

## **BEFORE ENTERING:-**

### **Please make sure that:-**

- You have a current T.A.G.B. / B.T.C. Licence.
- You are training regularly and understand what is expected of you.
- You are wearing a White TAGB suit, a current TAGB 'National' suit or a TAGB Tiger suit.
- You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, headguard and gum shield).
- You have transport to the venue and you arrive on time.

## **HOW TO ENTER: -**

### **Competitors**

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form. The forms can be obtained from your instructor, and must be completed as requested and handed over to your instructor before the closing date stated on the competition information or announced in your class.

## **PRICES**

COMPETITORS (Adults & Juniors)	£12 per event	<b>Make sure you are the correct grade as stated on your entry form.</b>
SPECTATORS	£8	<b>ENTRY FEES ARE NON REFUNDABLE</b>

## **JUNIORS (under 15)**

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

## **CADETS (15 – 17 years) & ADULTS (18 years +)**

Make sure that you are the correct weight for the division you want to compete in. You will be weighed in on the day, and if you are not within your entered weight division you will be disqualified from that division.

In tournaments where there are no cadet divisions, junior divisions are up to 15 years old and Adults are from 16 years and above.

## **EXECUTIVES (male 40 years +, female 35 years +)**

Executive divisions are usually weighed on the day and split into the appropriate divisions.

You will receive a competitor's ticket from your instructor which must be taken to the competition. **Do not forget or lose this ticket.** If you forget or lose this ticket you will have to pay the spectators fee of £8 to gain access to the competition.

## **SPECTATORS**

You may purchase a ticket from your instructor on request, or you may pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

## **ON THE DAY OF THE COMPETITION**

**NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL.**

- The competition will start with the patterns events, first with the juniors and some designated cadet and adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested / weighed in will result in a competitor not being entered for the sparring event (if they are competing in the sparring event).

**You must make sure that you are in the right competition area at the right time.**

**If you are unsure, then you must ask your instructor or an official.**